

AUGUST

Pinellas County Elementary Lunch Menu

Fun Fact!

National Apple Week is the 2nd week in August every year! Apples are a good source of vitamins

C & A; minerals and fiber!



DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast. **Must choose at least 1:** Fruit or Juice. **May choose 1:** Milk Skim, Low Fat White, or Fat Free Chocolate.

DAILY LUNCH CHOICES:

Choose 1: Entrée. **Must choose at least 1:** Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal) **May Choose: 1 Milk;** Skim, Low Fat White, or Fat Free Chocolate.

Available for lunch daily: Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

Mon	Tue	Wed	Thu	Fri
<p>Visit nutrislice.com for Menu & Nutrition Information, & to download the app on your mobile device!</p>			2	<p><i>All menus are subject to change! We do our best to provide our customers with all of our planned options, however, occasionally weather, crops and supplies have other ideas!</i></p>
6	7	8	9	10
<p>13 Mini Eggo Confetti Pancakes</p> <p>Choose One: Chicken Sandwich Loaded Beef & Cheese Nachos Fruit & Yogurt Plate Bologna & Cheese Sandwich</p> <p>Choose: Santa Fe Black Beans Fresh Veggie Dippers</p>	<p>14 Egg, & Cheese Croissant</p> <p>Choose One: <i>Featured Item:</i> Sloppy Joe Platter Grilled Cheese Farmer's Salad or Apple-a-Day Salad Jamwich Kit</p> <p>Choose: Tomato Soup Romaine Side Salad</p>	<p>15 Cinnamon Roll</p> <p>Choose One: Teriyaki Beef Dippers w/ Rice or Lo Mein Chicken Nuggets w/ Dip Cup Yogurt & Fruit Parfait Ham & Cheese Croissant</p> <p>Choose: Steamed Broccoli Sliced Cucumbers</p>	<p>16 Sausage Biscuit or Sausage & Grits</p> <p>Choose One: Breakfast for Lunch Mini Calzones Chef Salad Chicken Caesar Wrap</p> <p>Choose: Marinara Cup Deli Roasted Potatoes Leafy Green Side Salad</p>	<p>17 Breakfast Bowl (Cheesy Eggs & Tots)</p> <p>Choose One: Pizza Variety Cheesy Fish Filet or Spicy Fish Filet Sandwich Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich</p> <p>Choose: Corn Niblets Fresh Veggie Dippers</p>
<p>20 Maple Pancake Minis</p> <p>Choose One: Cheeseburger or Hamburger Chicken & Broccoli Penne Alfredo w/ Breadstick Fruit & Yogurt Plate Bologna & Cheese Sandwich</p> <p>Choose: Sliced Carrots Fresh Veggie Dippers</p>	<p>21 Breakfast Sandwich (Egg/Ham/Cheese)</p> <p>**Student Favorites Day** <i>Students Choose the Entrees!</i></p> <p>Entrée Salad: <i>Farmer's Salad</i> or <i>Apple-a-Day Salad</i> Sandwich: <i>Jamwich Kit</i> Side Salad: <i>Romaine</i></p>	<p>22 Chicken Biscuit</p> <p>Choose One: Chicken Tender Basket w/ Oven Crinkle Fries Macaroni & Cheese Yogurt & Fruit Parfait Ham & Cheese Croissant</p> <p>Choose: Spinach or Collard Greens Sliced Cucumbers</p>	<p>23 Sunshine Omelet Wrap</p> <p>Choose One: Beef or Pork Tacos Max Cheese Sticks Chef Salad Chicken Caesar Wrap</p> <p>Choose: Marinara Cup Refried Fiesta Beans Leafy Green Side Salad</p>	<p>24 Apple Cinnamon Texas Toast</p> <p>Choose One: Pizza Variety Teriyaki Chicken Bowl Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich</p> <p>Choose: Green Beans Fresh Veggie Dippers</p>
<p>27 Pancake Pup</p> <p>Choose One: Chicken & Waffle Cheesy Bread Fruit & Yogurt Plate Bologna & Cheese Sandwich</p> <p>Choose: Sweet Peas Marinara Cup Fresh Veggie Dippers</p>	<p>28 Scrambled Egg, Bacon & Biscuit</p> <p>Choose One: <i>Featured Item:</i> Chicken Sliders Corn Dog Farmer's Salad or Apple-a-Day Salad Jamwich Kit</p> <p>Choose: Country Baked Beans Romaine Side Salad</p>	<p>29 Glazed Dunker</p> <p>Choose One: Chicken Drumstick w/ Hush Puppy Pasta & Meatballs Yogurt & Fruit Parfait Ham & Cheese Croissant</p> <p>Choose: Broccoli Sliced Cucumbers</p>	<p>30 Bacon, Egg & Cheese Pizza</p> <p>Choose One: Beef Rib B Q Sandwich Cheese Stick & Toasted Ravioli Boat Chef Salad Chicken Caesar Wrap</p> <p>Choose: Marinara Cup Sweet Potato Waffle Fries Leafy Green Side Salad</p>	<p>31 Breakfast Chicken Nibbler</p> <p>Choose One: Pizza Variety Wild Alaskan Ocean Treasure Fish Nuggets w/ Roll Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich</p> <p>Choose: Mashed Potatoes Fresh Veggie Dippers</p>

In accordance with Federal Law and US Department of Agriculture policy, Pinellas County School Food Service is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs). To file a complaint of discrimination, write: USDA, Director, Office of Civil Rights, 1400 Independence Av. SW, Washington D.C. 20250-9410; or email: program.intake@usda.gov. This institution is an equal opportunity provider/employer.